# IT TAKES A VILLAGE to ensure all Californians can age better.

- By 2030, California will be home to 10.8 million older adults, accounting for one-quarter of the state's population.
- 34% of our state's older adults will be moderate- and middle-income, who don't qualify for Medicaid benefits and aren't able to afford health and aging resources.
- The village model addresses these needs by providing a cost effective, community-based solution.
- More villages are needed in the state, especially in underserved areas. We ask our legislators and elected officials to support and help expand this model of care.

## VILLAGES support the state's plan for older adults.

California is responding to these demographic changes by implementing the Governor's Master Plan for Aging-a blueprint for aging in our state.

The Master Plan includes villages as a strategic initiative and the village model supports the plan's five bold goals:

**Housing**: Villages enable older adults to age in their homes, neighborhoods, and communities of choice.

**Healthcare**: Villages deliver social care through volunteers and community caregivers that provide services such as transportation to doctors, home modifications, grocery shopping, and technology support.

**Inclusion**: Villages build social connections with volunteerism and community engagement. Villages are person-centered, community-based, and responsive to cultural needs.

**Caregiving**: As the older adult population grows, the need for caregiving increases. Villages offer care for many older adults who do not live close to family or are solo agers.

**Affordability**: Villages help older adults stretch their dollars by offering support with independent activities of daily living, allowing members to preserve resources for future institutional care. This allows the state to preserve safety net services for those who need them most.



## What's a VILLAGE?

Villages are neighborhood-based membership organizations that connect older adults to the community, programming, and expertise they need to continue living lives of purpose and promise while remaining in their own homes.

The village model started in the late 1990s. There are now 300 villages across the country, including 50 in California-and more are launching!

Village Movement California is a statewide infrastructure of villages ready to support the millions of older adults throughout the stages of aging.

# VILLAGES expand the possibilities for aging better.

Villages benefit older adults, their children, and their communities. They reduce the demand for costly institutional care, improve the quality of life for older adults, and strengthen the social fabric of our communities.

**Community of Service:** For the roughly 90% of older adults who want to age in place, the village model offers social connection, volunteerism, help with independent activities for daily living, and connections with licensed service providers.

**Moderate- and Middle-Income Older Adults:** Villages offer a vital response to the economic challenges arising from our state's rapidly growing demographic of moderate- and middle-income older adults preserving state benefits for those most in need.

**Cure for Loneliness and Social Isolation:** Villages help build meaningful connections among older adults and between generations that strengthen the mental, physical, and social health of people in the community.

#### **NORTHERN CA VILLAGES**

Anderson Valley Village Ashby Village

Avenidas Village

Brisbane Village Helping Hands

Carquinez Village

Clayton Valley Village

Eden Area Village

Foster City Village

Golden Gate Village \*

Greater Niles Village

Hotel Oakland Village \*

Lamorinda Village Inc

Marin Villages: Mill Valley, Ross Valley,

Tiburon, San Rafael, Twin Cities,

Novato

Monterey Village

Mount Diablo Village

**NEXT Village San Francisco** 

Redwood Coast Village

San Francisco Village

San Ramon Valley Village

Sausalito Village

Sebastopol Village

Southside Community Connections \*

Village Network of Petaluma

Village Santa Cruz County

Villages of San Mateo County: Seguioa,

Mid-Peninsula, Coastside

Village of Sonoma Valley

JOIN US: VillageMovementCalifornia.org

### **SOUTHERN CA VILLAGES**

ActionAging.com \*

AgingNext Village

Care Connections Network

ChaiVillageLA

Chai Neighbors

City Heights Village San Diego

Conejo Valley Village

Kern River Valley Senior Citizens

Foundation for Senior Services \*

Lifelong Laguna \*

Palos Verdes Peninsula Village

Pasadena Village

San Clemente Village

San Diego North County Village \*

SCRA 50 Plus \*

Serra Mesa Village

SLO Village

South Bay Village \*

Tierrasanta Village of San Diego

TJVillage \*

Village Encinitas

Westside Pacific Villages

626 Village

\* Not a member of VMC

