

# Black History Month – Uplift Love and Justice

Black History Month embodies love and justice. Love is both a noun and a verb, with feelings of affection and concern toward others and actions to care for them. Justice rooted in love is a transformative force. Joined together they build a strong foundation for the social good our villages provide.

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#### From the Executive Director



Charlotte

Last weekend, I spent time listening to the music of Burt Bacharach and Dionne Warwick. Their recordings streamed through my childhood as my parents, now in their 90s, bought album after album. I suspect the same is true of the many baby boomers in our movement. You may know that Bacharach died in Los Angeles on February at the age of 94. Warwick is alive and well, continuing her music and activism.

One of their joint hits, What the World Needs Now,

resonates today: What the world needs now, Is love, sweet love, It's the only thing that there's just too little of . . The village movement is a generator of the love our society and communities desperately need. There are the feelings of love our village communities create with experiences like respect, affection, and care. There are the acts of love our villages perform every day, the services our volunteers provide like transportation, tech support, and friendly visits. Combined, they create an ethos and a force for good for older adults, intergenerational volunteers, and the larger community.

In addition to listening to the music of Bacharach and Warwick, I watched the HBO Max movie <u>Dionne Warwick: Don't Make Me Over</u>. I learned several new things: Warwick was the first African American to win a Grammy in the Pop Music category. She bridged the divide between Black music, R&B, White music, and Pop, something previously unheard of. She was also the first musician to take up the fight against AIDS and was a principal fundraiser for the American Foundation for AIDS Research, <u>amFAR</u>. Elton John, Stevie Wonder, and Gladys Knight were her collaborators on the epic song <u>That's</u> <u>What Friends Are For</u>. She tells a story in the movie about prompting President Reagan to say the word AIDS in a speech, something he had not done before.

I've learned from people like Warwick, and those we celebrate during Black History Month, that love has a larger calling: justice. Standing with the Gay community in 1985 was an act of love and justice. I say justice because Warwick and her collaborators challenged society to embrace Gay Americans and the federal government to extend resources to a marginalized population.

February is a month to uplift love and justice. There are so many ways to acknowledge and learn about Black History. Two resources are the Netflix documentary <u>Descendant</u> and the book <u>How the Word is Passed</u> by Clint Smith. How will you honor Black History this month?.

# The DEI Training Institute and Upcoming Workshops

By Charlotte Dickson



Village Movement California's inaugural DEI Training Institute ended on January 4. Congratulations to the eighteen participants from nine villages who came together four times between October and January. The goal of the Institute was to build a foundation for expanding villages into communities that haven't yet engaged. Another way of saying this is expanding the circle of belonging.

Thanks to the Planning Team and Trainers: Laura Peck and Donna Terazawa, Ashby Village, Yvette Leung and Gregory Mengel.

Congratulations to: Ashby Village: Donald Hubbard, Jessica Sterling, Judith Coates Palos Verdes Pacific Village: Anne Heron, Ellen Orenstein Pasadena Village: Sandra Moffett, Diane Kirbus San Francisco Village: Leslie Stafford, Pat Miller Tierrasanta Village: Bradlyn Mulvey, Jean Kerr Village San Mateo County: Patrick Brown (also VMC Board Member), Randi Ketnewsky, Sue Eldredge Village Santa Cruz County: Allison Garcia, Mary Howe Village Sonoma Valley: Erick Larson (also VMC Board Member) Westside Pacific Villages: Marcia Salvary

The Planning Team is reviewing the evaluations to learn how well the Institute supported village participants and to make plans for future work.

Village Movement California's next opportunity is the four-part workshop series focused on four different villages that are working to expand their villages using a DEIB lens. Starting on February 22, we'll hear how the four villages decided to connect with diverse communities, how they prepared themselves, and what they are doing. Village Movement California will develop a summary of programs, practices, and policies for distribution after the series ends. The villages are Pasadena, San Francisco, Ashby, and Westside Pacific. See workshop details below in *Upcoming Events*.

# Fraud Prevention – Media Resources to Share With Your Village



March 5 – 11 is National Consumer Protection week, an annual reminder about protecting yourself, friends, and family from fraud. The FTC, Federal Trade Commission, offers resources to share with your village community and partners, to build resiliency against all kinds of fraud.

Here are some links to use:

- <u>NCPW Article</u> you can personalize (scroll down)
- Social Media Images and Messages (scroll down)
- Free materials to download and/order in bulk

Fraud Prevention Awareness is an activity you can make available to the wider community in service of their resiliency and awareness of your village.

# **Medicare Fraud Protection**

By Charlotte Dickson



#### Redwood Coast Village and Humboldt Poly's OLLI program

Redwood Coast Village and Humboldt Poly's OLLI program hosted a workshop on Medicare Fraud. The link to the recording is here. Scroll down to find the recording.

Hospice is one of the most active areas of fraud in California today. Village Movement California will host a statewide workshop on Hospice and Fraud

on a date to be announced.



Village Movement California's Medicare Fraud Prevention Program is funded through an agreement with the <u>California</u> <u>Senior Medicare Patrol</u> through a grant from the <u>Department</u> of Health and Human Services/Administration for Community

2023 Village Movement California Convening June 1 and 2



Mark your calendars for our in-person convening to be held in the Bay Area June 1 and June 2. It's been four years since we met together in Newport Beach, and while our online convenings were excellent, there's nothing like being together! We will have a limited streaming option so you can view the presentations online.

The Planning Team is busy looking for venues, creating networking opportunities, and crafting an agenda that will boost your efforts and your mood (commitment). Team members are: Diane Berger, Clayton Valley Village, Dinah Frishling, Conejo Valley Village, Tricia Smith, Sausalito Village, and staff – Charlotte and Carolyn. We welcome more members! We have fun together in service of an important event. Contact Charlotte, <u>charlotte@villagemovementcalifornia.org</u>, 510-900-6380, if you are interested in contributing to planning.

And stay tuned to your email for more information.

## **Upcoming Events**

#### Diversity, Equity, Inclusion, and Belonging Monthly Workshop Series

Fourth Wednesdays 10:00 – 11:30 am February – April 2023



Growth of our movement requires that we expand our communities to reflect California's diverse populations of older adults. We've been talking about this truth for several years, searching for steps we can take. This series will highlight the work four villages—Pasadena, Ashby, San

Francisco, Westside Pacific, and their partners—to engage new audiences of potential village members and volunteers.

We'll hear how they decided to connect with diverse communities, how they prepared themselves, and what they are doing. Village Movement California will develop a summary of programs, practices, and policies for distribution after the series ends.

February 22	Pasadena Village
March 22	San Francisco Village
April 26	Ashby Village
May 24	Westside Pacific Villages
Register <u>here</u> .	

#### Medicare Home Health Coverage and Updates February 23, 2023 11:30am – 1:00pm



Do you wonder what home based services Medicare covers? The Center for Medicare Advocacy and California Health Advocates/SMP will review the services the Medicare Home Health Benefit covers, including skilled nursing, physical, occupational, and speech therapy, medical social services,

and home health aides. It will also include an SMP fraud update. Register here.

#### Ask an Expert



A daily feature on the San Francisco Bay Area all-news radio station, KCBS, each Q&A session features a subject of public interest and compiles listener questions into a 20-minute discussion with a subject matter expert. All discussions are

available in recorded and transcribed formats here.

A recent discussion, *Plans Begin to Transition Out of US COVID-19 Public Health Emergency*, is here.

## Notices

Have an upcoming event you'd like to open to other villages? Send the information to the newsletter editor: <u>carolhaig@earthlink.net</u>

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